LASS · XII			SUBJECT - A	CCOUNTANCY
feeth	bapter No.		Subject Enrichment Activities/Experiential learning	Art Integrated Activities/ Internal Assessment
PRIL	1,2 Part A	Partnership fundamentals, change in profit sharing ratio.	Calculation of interest on capital/ drawings, sacrificing ratios, Draw profit and loss appropriation account, PCA.	Ppts, quiz, mind maps.
VAY	2,3,4 Part A	Change in profit sharing ratio, Admission of a partner, Retirement of a partner.	Revaluation A/c, Goodwill calculation and its entries, capital adjustments.	Flow charts, quiz, puzzles.
PERIODIC TEST I	Mention Chapte	rs. Fundamentals,	change in ratio.	•
JULY	4,5 Part A	Death of a partner and Dissolution of partnership firm.	Settlement of accounts.	Mind maps, quiz, ppts.
AUGUST	1,2,4,5 Part B	Part Bfinancial statements formats, Analysis of FS, Ratio analysis, Cash Flow Statement.	Ratio formulas, CFS format with questions	Ppts , flow charts , quiz , crossword puzzle.
TERMINAL EXAM	August.	hip completed till	NA	NA
SEPTEMBER	Revision of Te	rm 1 Syllabus and Termir	nal Examination 2025-26	
OCTOBER	l Part A , volume II	Part A, volume IIcompany accountsissue of shares, forfeiture of shares, fully subscribed, under subscribed and over subscribed issues.		Ppts , mind maps , quiz.
NOVEMBER	2 Part A Volume II	Issue of Debentures and redemption of debentures.	Journal entries for issue and redemption of debentures.	Mind maps , ppts
PERIODIC TEST II	Chapters	CFS, Company ac	counts.	
DECEMBER 2025-26	, JANUARY, FE	BRUARY - Revision o	f Annual Exam Syllabus a	nd Annual Exam
ANNUAL EXAM	Full Syllabus		Full Syllabus	Full Syllabus

SUBJECT- Business Studies

ASS- XII		Charter name	Subject Enrichment	Artin	
onth (Chapter number	Chapter name	Activities/Experientia l learning	Art Integrated Activities/ Internal Assessment Activitie	
laz	Unit 1 Unit 2	Nature and Significance of management Principles of management	Role Play Activity Case Study Discussion	Mind map, Flow Chart, Power Point Presentation Project work	
MAY Unit 3 Unit 4		Business Environment Planning	Case Study Discussion Role Play Activity	Flowchart Collage, Mindmap, Power Point Presentation Project work	
PERIODIC		Periodic 7	Test I Syllabus		
TEST I	Unit 1 and Unit 2	1			
JULY	Unit 5 Unit 6	Organisation Staffing	Role Play Activity Mindre		
	Unit 7	Directing		Project work	
AUGUST TERMINAL		Revision of Term 1 Syllabus and Terminal Examina		ion 2025-2026	
EXAM SEPTEMBER OCTOBER	Unit 3 Busines Unit 4 Plannin	and Significance of management s of management	yllabus for Examination at		
NOVEMBE	Unit 9 Unit 10 R Unit 11	Controlling Financial Management Financial markets	Case Study Discussion	Mindmap, Power Point	
	Unit 12	Marketing Consumer protection Act			
PERIODIC TEST II Linux 2 (5)		D. C. C.		Presentation Project work	
DECEMBE	R Position	ting Unit 8Controlling	Test II Syllabus	III III III III III III III III III II	
- C. C. HIDE	- Taion	Revision			
	JANUARY, Annual Fran	FEBRUARY and MARCH - m 2025-2026	Paulel		
ANNUAL		11 2025-2026	Revision of Annual Exam	Syllabus and Prendare	
EXAM		Annual Exam Syllabus			

CLASS		Chapter name	SUBJECT- Economics		
losth	number		Activities/Fanadout	Art Integrated	
	Unit 2	Money and Supply of Money		Activities/ Internal	
PRIL		Banking: Commercial Banks and The Central Bank	Role Play Activity	Assessment Activities Mind map,	
		Government Budget and the Economy	Case Study Discussion	Flow Chart	
7.50	Unit 4	Development Experience (1947-90) and		Power Point Presentation	
	Unit 6	Economic Kelorms since 1001.	Case Study Discussion	L'inject work	
via y		Indian Economy on The Eve of Independence Five Year Plans in India: Goals & Achievements Features, Problems, Policies of Agriculture Strategies of Industrial Growth (1947-1990) and Foreign trade Economic Reforms since 1991	Quiz	Flowchart Collage, Mindraep, Power Point Presentation Project work	
SIODIC	Section and the second	Perodic Test I	Syllabus		
EST I	 Banking 	Commercial Banks and The Central Bank			
TULY	Unit 3	Determination of Income and Employment Aggregate Demonder	Graph Making Activity	Flowchart Collage,	
100.		Aggregate Demand, aggregate Supply and related concepts Multiplier Problem of Excess Demand and Deficient Demand	Case Study Discussion	Mind map, Power Point Presentation Project work	
AUGUST		Revision of Term 1 Syllabus and Terminal Examin			
TERMINAL		Terminal Exam Syllab and Supply of Money	us for Examination		
		ination of Income and Employment ate Demand, aggregate Supply and related concepts			
	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg	ate Demand, aggregate Supply and related concepts ier in of Excess Demand and Deficient Demand pment Experience (1947-90) and Economi: Reforms Economy on The Eve of Independence ear Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign true			
	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg Econor	ate Demand, aggregate Supply and related concepts ier in of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements is, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign transic Reforms since 1991	de	Flowchart Collage,	
OCTOBER	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg	ate Demand, aggregate Supply and related concepts ier in of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ear Plans in India: Goals & Achievements es, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign true nic Reforms since 1991 • Current challenges facing Indian Economy • Human Capital Formation in India • Rural Development • Employment and Unemployment • Environment and Sustainable Development • Development Experience of India, Pakistan		Mind map, Power Point Presentation Project work	
	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg Econor Unit 7 Unit 8	ate Demand, aggregate Supply and related concepts ier in of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign trace nic Reforms since 1991 • Current challenges facing Indian Economy • Human Capital Formation in India • Rural Development • Employment and Unemployment • Environment and Sustainable Development • Development Experience of India, Pakistan and China	Role Play Activity Case Study Discussion	Mind map, Power Point Presentation Project work Flowchart Collage,	
OCTOBER NOVEMBER	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg Econor Unit 7	ate Demand, aggregate Supply and related concepts ier of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign tracinic Reforms since 1991 • Current challenges facing Indian Economy • Human Capital Formation in India • Rural Development • Employment and Unemployment • Environment and Sustainable Development • Development Experience of India, Pakistan and China • Introduction to Macro Economics, Some Basic Concepts of Macroeconomics • National Income and Related Aggregates • Measurement of National Income	Role Play Activity Case Study Discussion	Mind map, Power Point Presentation Project work	
NOVEMBER	- Aggreg - Multipl - Problem - Develo - Indian - Five Ye - Feature - Strateg - Econor Unit 7 Unit 8 Unit 1	ate Demand, aggregate Supply and related concepts ier of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign transic Reforms since 1991 • Current challenges facing Indian Economy • Human Capital Formation in India • Rural Development • Employment and Unemployment • Emvironment and Sustainable Development • Development Experience of India, Pakistan and China • Introduction to Macro Economics, Some Basic Concepts of Macroeconomics • National Income and Related Aggregates • Measurement of National Income • Foreign Exchange Rate • Balance of payment	Role Play Activity Case Study Discussion Graph Making Activity Case Study Discussion	Mind map, Power Point Presentation Project work Flowchart Collage, Mind map, Power Point Presentation	
NOVEMBER PERIODIC TEST II	- Aggreg - Multipl - Problem - Develo - Indian - Five Ye - Feature - Strateg - Econor Unit 7 Unit 8 Unit 1	ate Demand, aggregate Supply and related concepts ier of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign tracinic Reforms since 1991 Current challenges facing Indian Economy Human Capital Formation in India Rural Development Employment and Unemployment Employment and Sustainable Development Environment and Sustainable Development Development Experience of India, Pakistan and China Introduction to Macro Economics, Some Basic Concepts of Macroeconomics National Income and Related Aggregates Measurement of National Income Foreign Exchange Rate Balance of payment Periodic Tes	Role Play Activity Case Study Discussion Graph Making Activity	Mind map, Power Point Presentation Project work Flowchart Collage, Mind map, Power Point Presentation	
NOVEMBER PERIODIC TEST II	- Aggreg - Multipl - Problem - Develo - Indian - Five Ye - Feature - Strateg - Econor Unit 7 Unit 8 Unit 1	ate Demand, aggregate Supply and related concepts ier of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s, Problems, Policies of Agriculture ies of Industrial Growth (1947-1990) and Foreign tracinic Reforms since 1991 • Current challenges facing Indian Economy • Human Capital Formation in India • Rural Development • Employment and Unemployment • Emvironment and Sustainable Development • Development Experience of India, Pakistan and China • Introduction to Macro Economics, Some Basic Concepts of Macroeconomics • National Income and Related Aggregates • Measurement of National Income • Foreign Exchange Rate • Balance of payment Periodic Temployment Periodic Temployment Periodic Temployment	Role Play Activity Case Study Discussion C Graph Making Activity Case Study Discussion	Mind map, Power Point Presentation Project work Flowchart Collage, Mind map, Power Point Presentation	
	Aggreg Multipl Problem Develo Indian Five Ye Feature Strateg Econor Unit 7 Unit 8 Unit 1 Unit 5 Unit 5	ate Demand, aggregate Supply and related concepts iter of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements s., Problems, Policies of Agriculture ites of Industrial Growth (1947-1990) and Foreign tracinic Reforms since 1991 Current challenges facing Indian Economy Human Capital Formation in India Rural Development Employment and Unemployment Employment and Sustainable Development Environment and Sustainable Development Development Experience of India, Pakistan and China Introduction to Macro Economics, Some Basic Concepts of Macroeconomics National Income and Related Aggregates Measurement of National Income Foreign Exchange Rate Balance of payment Periodic Temployment Revision of Indian Economy and Macroeconomics Revision of Indian Economy and Macroeconomics Economics	Role Play Activity Case Study Discussion C Graph Making Activity Case Study Discussion	Mind map, Power Point Presentation Project work Flowchart Collage, Mind map, Power Point Presentation Project work	
NOVEMBER PERIODIC TEST II	- Aggreg - Multipl - Problem - Develo - Indian - Five Ye - Feature - Strateg - Econor Unit 7 Unit 8 Unit 1 Unit 5 Unit 2: C Revision Indian Economi Economi	ate Demand, aggregate Supply and related concepts iter of Excess Demand and Deficient Demand pment Experience (1947-90) and Economic Reforms Economy on The Eve of Independence ar Plans in India: Goals & Achievements is, Problems, Policies of Agriculture ites of Industrial Growth (1947-1990) and Foreign tracinic Reforms since 1991 Current challenges facing Indian Economy Human Capital Formation in India Rural Development Employment and Unemployment Environment and Sustainable Development Development Experience of India, Pakistan and China Introduction to Macro Economics, Some Basic Concepts of Macroeconomics National Income and Related Aggregates Measurement of National Income Foreign Exchange Rate Balance of payment Periodic Temployment Revision of Indian Economy and Macroeconomics Revision of Indian Economy and Macroeconomy Beconomics	Role Play Activity Case Study Discussion C Graph Making Activity Case Study Discussion St II Syllabus	Mind map, Power Point Presentation Project work Flowchart Collage, Mind map, Power Point Presentation Project work	

SUBJECT- PHYSICS

CLASS- N	01	Subject Enrichment	Avel
Month	Content	Activities/Experiential learning	Art Integrated Activities/ Interna Assessment Activities
APRIL	Electrostatics	Practical demonstration, graphs, diagrams	Flowcharts and Ke points
MAY	Current electricity & electromagnetism	Practical demonstration, graphs, diagrams	Flowcharts and Ke
PERIODIC TEST I	Electrostatics		
JULY	EMI	Practical demonstration, graphs, diagrams	Flowcharts and Ke points
TERMINAL EXAM SEPTEMBER	EM Waves and Optics & Revision of Term 1 Syllabus Electrostatics , Current electricity &	electromagnetism , EMI	
OCTOBER	Dual nature of radiation & Atoms and Nuclei	Practical demonstration, graphs, diagrams	Flowcharts and Ke points
NOVEMBER	Semiconductor devices	Practical demonstration, graphs, diagrams	Flowcharts and Ke
PERIODIC TEST II	EM WAVES & OPTICS		
DECEMBER	, JANUARY, FEBRUARY and MAR am /Annual Exam 2024-25	RCH – Revision of Annual I	Evam Syllabus
Treobard Ex			Sauli Synabus

LASS - XII		Content	SUBJECT.	CHEMISTRY
			Subject Enrichment Activities/Experient ial learning	Art Integrated Activities/ Internal
APRIL		Haloalkanes & Haloarenes Alcohol Phenol	To Prepare the project report	Assessment Activities Infographic
MAY		& Ether Aldehyde ,Ketone & Acid	To Prepare the	Infographic
PERIODIC	Haloalkanes & H	Amines	project report	PowerPoint presentation
TEST I	Alcohol Phenol &			
JULY		Biomolecules d & f block elements	To prepare various structures	Infographic PowerPoint
AUGUST		Revision of Term 2023-24	1 Syllabus and Termina	presentation Examination
TERMINAL EXAM	Mention Termina	l Exam Syllabus for Examina	ation	
SEPTEMBER		Coordination Compounds Solution	To Prepare Project report	Infographic PowerPoint presentation
OCTOBER		Electrochemistry Chemical Kinetics	To prepare Project Report Electrolysis of solution	Infographic PowerPoint presentation Model on Corrosion & Cell
NOVEMBER	19	Revision		
PERIODIC TEST II	Coordination Cor Solution	MT-645 VP-65		
DECEN	IAMILADY PER	RUARY and MARCH - Re	vision of Annual Exa	m Syllabus and
Annual Exam ANNUAL				

CLASS-	XII		SUBJECT- MATTERIA	
Month	Chapter number	Chapter name	Subject Enrichment Activities/Experiential learning	Art Integrated Activities/ Internal Assessment Activities
APRIL	Ch -3,4,1,2	Matrix, Determinants, Relation and function, Inverse trigonometry function	To demonstrate a function which is one one but not onto. To explore the principal value of sin inverse x using a unit circle.	
MAY	Ch 5,10,11	Continuity and differentiability ,vectors ,Three dimensional geometry.		Combine vector and three dimensional Geometry to create a sculpture representing direction and magnitude.
PERIODIC TEST I	Perodic Test	I Syllabus ch- 1,3,4		
JULY	Ch -12,13,6	L.P.P., Probability Application of differentiation	for construct an open box of maximum volume from a given rectangular sheet by cutting equal square from each corner	3
AUGUST				
TERMINAL EXAM	Terminal Ex	tam Syllabus ch -1,2,3,4,5,6,1	0,11,12,13	
SEPTEMBER				
OCTOBER	Ch-7	Integration		Use graph paper to plot curves and calculate areas using integration.
NOVEMBER	Ch-8,9	Application of integration , Differential equation		Create comic strip telling the story of a differential equation application ,like Newton's law of cooling.
PERIODIC TEST II DECEMBER	Perodic Te	st II Syllabus ch 7,9		cooning.
JANUARY, F 2025-2026 ANNUAL			nnual Exam Syllabus and Pre	board & Annual Eran
EXAM	duou Alli	nual Exam Syllabus		

CLASS -	M	Chapter name	SUBJE	CT - ENGLISH
& No. Of Working Days	Chapter no.		Chapter wise)	ART INTEGRATED ACTIVITIES
APRIL 20	Ch.1&2 Poem 1 W.S	Book- Flamingo Ch.1. The Last Lesson Ch.2. Lost Spring Poem 1. My Mother at sixty-six Writing skills: Notice.	examples from day to day life Roleplay activity post-reading activity Quizzes Word game Guess who am I' (Word of the day) Scattergories format and coherence of writing skills Ch. 2 and Poem 1 Visit to slum Area/ old age home	Concept maps and Mind maps(lit.) Videos vocabulary and themes of the chapters (lit.) Characters- Thought, Action, dialogues Ppt/slideshow Mini dictionary Music- songs(poetic devices) Infographic making- sketches, drawing, painting Arts Exhibition Ch.2 Documentary
MAY 23	Ch. 3&4 Ch.1&2 W.S	Book- Flamingo Ch. 3 Deep Water Ch.4 The Rattrap. Book- Vistas Ch.1 The Third Level Ch.2 The Tiger King W.S- Invitation and replies. Guidance- Project Work	*Videos, ppts, sharing examples from day to day life to sensitize the students towards ethics and moral values and ethics (Ch.3 & 2) * Character and Theme analysis * Design invite for the chief guest on the Annual Day/ Sports Day of the School.	on Slum Areas Drawing or experiences or opinions of the students about phobia, the world, poverty/ deprived society and the worries of modern society.
JT-I		Book- Flamingo Ch.1. The Last Lesson. Poem 1. My Mother at sixty-six	Book- Vistas Ch.1 The Third Level W.S- Notice	society.
JULY 24	Ch.3&4 Poem2 W.S	Book- Vistas Ch. 3 The Journey to the End Of The Earth. Ch.4 The Enemy Book- Flamingo Poem 2. Keeping Quiet Poem Writing skills: Job Application and Letter to Editor	*Videos, sharing stories on Patriotism, freedom fighters and great, wise and successful people and their secrets. * Video / ppt on Antarctica (Flora & Fauna (Emphasis on introspection and humanitarianism)	Music, meditation and introspection Vlog/Podcast/ Article/ Report on Antarctica & it's history.
UGUST 22	Poem 3 Ch. 5 W.S Reading Skills	Revision Book-Flamingo: Poem 3 A Thing of Beauty Ch.5 Indigo W.S- Article Writing Unseen passages, ALS activities.	*Sharing self experiences, interests and opinions. *Legal terminology- Indigo *ALS activities- Skippy APP. Podcasts	*ALS activities- (Ted Talks, motivational and educational videos and speeches) *Collage of beautifuthings in your life.

TERM-I		Book Flamingo Ch. 1. The Last Lesson Ch. 2. Lost Spring Ch. 3 Deep Water Ch. 4 The Rattrap Poem 1 My Mother At Sixty Six Poem 2. Keeping Quiet Poem 3 A Thing of Beauty R.S- Unseen Passages	Book- Vistas Ch.1 The Third Level Ch.2 The Tiger King Ch. 3 The Journey to. the End Of The Earth. Ch.4 The Enemy W.S- Notice Invitation and replies. Job Application or Letter to Editor	
SEPT 22		REVISION & EXAMINATION		
OCTOBER 20	Ch. 6,7& 8 Ch 5&6 W.S	Book- Flamingo: Ch. 6 Poets and Pancakes Ch. 7 The Interview Ch. 8 Going Places Book Vistas: Ch. 5 On the face of it Ch 6 Memories Of Childhood Writing skills: Report writing ALS activities	* To write one's complexes on a paper and overcome it. *Report on Special Children and seclusion. Analyze the discrimination on the basis of caste, colour	Scattergories Mind map Ppt Video Article in newspape Vlog Podcast on Impaire Children, their struggle and achievements
NOVEMB ER 21	Poem 4&5	Unseen passages Book- Flamingo: Poem 4A Roadside Stand Poem 5(Aunt Jennifer's Tigers)	*Analytical paragraphs- *Case study- Women vs Men- status in the society. Deprived vs Privileged Children. *Newspapers, magazines- W.S	Mind map Scarrergories One minute word game
UT-2		Book Flamingo Ch.5 Indigo Poem 4 A Post in a	Book Vistas Ch.5 On the face of it	
DECEMB		Poem 4 A Roadside Stand Revision+ Preboard 1	W.S- Article Writing	
ER (23)		Treopard I		
JANUARY		Revision + Pre Board 2 evision + Board Exams		

CLASS	Chapter	Chapter name	Subject	r- BIOLOGY
Month	number		Subject Enrichment Activities/Experiential learning	Art Integrated Activities/ Internal Assessment
APRIL	1,2,	*Sexual reproduction in	Hands on activities Interactive games	Activities Diagrams
		flowering plants *Human Reproduction		Flow chart
MAY	,3,4&5	*Reproductive health *Principles of inheritance Molecular inheritance	Hands on activities Interactive games	Diagrams Flow chart
PERIODIC TEST I	Mention Pero	dic Test I Syllabus Chapter	1,2&3	
JULY	6,7&8	*Evolution *Human health & diseases *Microbes in human Welfare		Flow chart
AUGUST		Revision of Term 1 S	yllabus and Terminal Exami	nation 2025-2026
TERMINAL EXAM SEPTEMBE R	Mention Terr Chapters 1to	ninal Exam Syllabus for Ex	amination	2023-2020
OCTOBER	9,10&11	Hands on activities	Flow charts	
NOVEMBE R	12,13	Field trip	Flow chart	
PERIODIC TEST II		odic Test II Syllabus chapte	er 9&10	
DECEMBER				
	FEBRUARY 2025-2026	and MARCH - Revision	n of Annual Exam Syllal	bus and Preboard &
ANNUAL EXAM	Mention Ann	nual Exam Syllabus		

Month	Chapter number	Chapter name	Subject Enrichment Activities/Experiential learning	Art Integrated Activities Internal Assessment Activities
APRIL	Unit 1	Management of Sporting Events	Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) Various Committees & their Responsibilities (pre; during & post) Fixtures and their Procedures – KnockOut (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments Intramural & Extramural tournaments – Meaning, Objectives & Its Significance Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)	Flow chart & Dugran
мач	Unit 2	Children & Women in Sports	Exercise guidelines of WHO for different age groups Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures Womens participation in Sports – Physical, Psychological, and social benefits Special consideration (menarche and menstrual dysfunction) Female athlete triad (osteoporosis, amenorrhes, eating disorders	Flow chart & Diagram
	Unit 3	Yoga as Preventive measure for Lifestyle Disease	Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha — Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Dhanurasana, Supta - vajarasana, Paschimottanasan -a, Ardha - Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansan a, UttanMandukasan -a, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, GomukhasanaMatsyaasana, Anuloma -Viloma Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, ArdhaHalasana, Sarala Matyasana, Gomukhasana, UttanMandukasan -a, Vakrasana, Bhujangasana, Makarasana, Sidupanayam Back Paln and Arthritis: Procedure, Benefits & Contraindications of Tadasan, Urdhawahastootansana, ArdhChakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrsana, Ushtrasana, Vakrasana, Sarala Maysyendrsana, Urdhawahastootansana, ArdhChakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrsana, Bhujandgasana, Gomukhasana, Bhadrusana, Makarasana, NadiShodhana pranayama	Flow chart & Diagram

PERIODIC	COMM Unit 1	Management of	SUBJECT - Physic of Sporting Events	Lucation (048)
PERCUITEST I	Unit 4 Unit 5	Physical Education and Sports for CWSN (Children with Special Needs - Divyang) Sports & Nutrition	Concept of Classification and Divisioning in Sports Concept of Inclusion in sports, its need, and Implementation Advantages of Physical Activities for children with special needs Strategies to make Physical Activities assessable for children with special needs Macro and Micro Nutrients: Food sources & functions	Flow chart & Diagram
			Nutritive & NonNutritive Components of Diet Eating for Weight control - A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths Importance of Diet in Sports-Pre, During and Post Competition Requirements	
AUGUST	Unit 1-5.	Revision of Term 1	Syllabus and Terminal Examination 2025-2026	
SEPTEMBER OCTOBER	DOTEST TOTAL CO.	Sports & Nutrition	1. Fitness Test – SAI Khelo India Fitness Test	Flow chart, Table&
		Measurement in Sports	in school: Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test Age group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curi Up, Push-Ups for boys, Modified Push-Ups for girls) Measurement of Cardio -Vascular Fitness - Harvard Step Test - Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise	Diagram
			Computing Basal Metabolic Rate (BMR) Rikli& Jones - Senior Citizen Fitness Test Chair Stand Test for lower body strength Arm Curl Test for upper body strength Chair Sit & Reach Test for lower body flexibility Back Scratch Test for upper body flexibility Eight Foot Up & Go Test for agility Six - Minute Walk Test for Aerobic Endurance Johnsen - Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping full-turn)	1

			 Physiological changes due to aging Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted) 	
NOVEMBER	Unit 8	Biomechanics and Sports	Newton's Law of Motion & its application in sports Types of Levers and their application in Sports Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports Friction & Sports	Flow chart & Diagram
	Unit 9	Psychology and Sports	Projectile in Sports Personality; its definition & types (Jung Classification & Big Five Theory) Motivation, its type & techniques Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it Meaning, Concept & Types of Aggressions in Sports Psychological Attributes in Sports - Self-Esteem, Mental Imagery, Self-Talk, Goal Setting	Flow chart & Diagram
PERIODIC TEST II	UNIT 6 Te	st and Measurement in	Sports	
DECEMBER	Unit 10	ysiology & Injuries in Training in Sports		Flow chart & Diagram
JANUARY, FEBI	RUARY and !	MARCH - Revision o	f Annual Exam Syllabus and Pre-board & Annual Exam	2025-2026
ANNUAL EXAM	UNIT 1 Mar UNIT 2 Chil UNIT 3 Yog UNIT 4 Phys UNIT 5 Spot UNIT 6 Test UNIT 7 Phys UNIT 8 Bior UNIT 9 Psyc	nagement of Sporting I dren and Women in S	Events ports re for Lifestyle Disease rts for (CWSN) Sports	

CLASS - XII

SUBJECT - INFORMATICS PRACTICE

Youth	Chapter number	Chapter name	Subject Enrichment Activities/Experiential learning	Art Integrated Activities/ Internal Assessment Activities	
PRIL	1	Querying and SQL functions	Practical		
ĮAY .	2	Data handling with PANDAS-I	Practical		
EXIODIC	Chapter 1 & 2				
IDT I	6	Internet and Web Societal Impacts	Practical	Presentation and charts	
AUGUST	Revision of Term 1 Syllabus and Terminal Examination 2025-2026				
TERMINAL EXAM	Chapter 1,2,5 & 6				
SEPTEMBER	4	Plotting data using Matplotlib	PRactical	plot temperature and humidity of your city of 15 days Project on food of Haryana	
OCTOBER .	3	Data handling with PANDAS-II	PRactical		
NOVEMBER	7	Project based learning			
PERIODIC TEST II	Chapter 2,3,4				
JANUARY, 1	Revision EBRUADY and M	A DCU - Devision of A	nnual Exam Syllabus and Pr	reboard & Annual Exan	
AMMINI		ARCH - REVISION OF A			
DIAM	Chapter 1-7		Very entre and entre and entre		

Month	Chapter	Chapter name		T- MUSIC	
APRIL.	number		Subject Enrichment Activities/Experiential learning	Art Integrated Activities/ Interna Assessment Activities	
		Alankar,kan,sangeet ratnakar,jhaptala	Students able to tala on handbeat	Chart of jhaptala	
MAY		Mcend,khatka,Rupa k tala,raga bhairav	Making group of swaras of raga bhairav	Chart of rupak tala	
PERIODIC TEST I	alankar,kan,meend Raga bhairav Sangeet ratnakar Rupak tala				
JULY		tanpura Time theory of ragas	Tuning of tanpura	Chart on tanpura	
AUGUST	alankar,kan, meend, khatka murki,gamak,sangeet ratnakar ,time theory of ragas,raga bhairav, jhaptala, rupak tala				
TERMINAL EXAM SEPTEMBER	Alankar,kan, meend, khatka, murki, gamak, sangeet ratnakar, time theory of ragas, raga bhairav, jhaptala, rupak tala				
OCTOBER	•	Grama, murchana,ustad bade Ghulam Ali Khan ,raga malkauns , sangeet parijata	Types of murchhana	Chart on bade Ghulam Ali Khan Make assignment on the life of ustad bade Ghulam Ali Khan	
NOVEMBER	-	Alap,tana, pt.krishan rao shankar ,raga bageshri			
PERIODIC TEST II	alap,gram, murchhana,raga malkauns,pt krishan rao shankar, sangeet parijata				
DECEMBER	Ustad faiyyaz	khan,dhamar tala, tanpura			
JANUARY, F Annual Exam	EBRUARY and 2025-2026	d MARCH - Revision of	Annual Exam Syllabus an	d Preboard &	
ANNUAL EXAM	alankar , kan, r ratnakar, sange	et parijata,time theory of ra tala, jhaptala,dhamar tala,t	ak,grama, murchhana,alap,u ngas, tanpura,raga bhairav, n nstad bade Ghulam Ali Khar	nalkauns	

LASS - XII	Chapter number	Chapter name	Subject Enrichment Activities/Experiential learning	Political Science Art Integrated Activities Internal Assessment
FAIL.	Ch-1 Ch-2	Challenges of nation building ' Era of one party dominance	Challenges for the new Nation- Three Challenges. Partition: Displacement and Rehabilitation- Consequences of Partition. Integration of Princely States-The problem, Government's approach, Hyderabad, Manipur. Reorganisation of States Parties system	Activities Pictures related to the chapters and case based questions
MAY	Ch-3 Ch-4	Politics of planned development India's external relations	Planning Commission. The Early Initiatives-The First Five Year Plan, Rapid Industrialisation. International Context. The Policy of Non-Alignment-Nehru's role, Distance from two camps, Afro- Asian Unity. Peace and conflict with China-The Chinese Invasion 1962, War and Peace with Pakistan, Bangladesh War 1971. India's Nuclear Policy.	Pictures related to five yearplans andindia;s relation with neighbours
ERIODIC TEST 1	Ch-1 & Ch-2			
ULY	Ch-5 Ch-6 Ch-7	Challenges to and Restoration of the Congress System The crisis of democratic order Regional aspirations	Challenge of Political Succession- From Nehru to Shastri, From Shastri to Indira Gandhi. Fourth General Election 1967- Context of the Election, Non-Congressism, Electoral Verdict, Coalitions, Defections Politics after Emergency-Lok Sabha Elections 1977, Janete Government, Legacy.	Case based questions Picture based questions
UGUST		Revision of Term 1 Syllabus	and Terminal Examination 2025-202	6
ERMINAL EXAM	Chapters done till July			****
eptember	Ch-8 Ch-2	Recent developments in Indian politics Contemporary centres of power	Context of 1990s, Era of Coalition-Alliance Politics. Political rise of the Backward Classes-Mandal Implemented, Political Fallouts. Communalism, Secularism and Democracy- Ayodhya Disputes European Union. Association of Southeast Asian Nations. Rise of China as an economic power. Japan and South Korea as emerging powers.	Passage based questions
CTOBER	Ch-3 Ch-4 Ch-5	Contemporary south asia International Organisations Security in the contemporary world	EU, ASEAN, BRICS UNO UNESCO Traditional and non traditional security	Pictures related to the chapter and write description about it
NOVEMBER	Ch-6 Ch-7 Ch-1	Environment and natural resources Globalisation End of bipolarity	Environmental Concerns. Global Commons. Common but differentiated Responsibilities. India's stand on Environmental Issues. Environmental Movementa. Resource Geopolitics. Rights of Indigenous peoples. The Soviet System. Gorbachev and the disintegration. Causes and Consequences of disintegration of the Soviet Union	
EKIODIC	[h] / /	The second secon		
ERIODIC EST 11	Cara, 4, 5, of contempor	ary world politics		
DECEMBER 1	Ch-3,4, 5, of contempor			
ECEMBER ANDAR			liabus and Preboard & Annual E	

SUBJECT - History CLASS - XII Art Integrated Activities Subject Enrichment Content Dave for Sylfabus Month Activities/Experiential learning Internal Assessment Completion/Revision Activities A thorough summary of the Pictures related to APRIL Ch-1 Bricks, Beads and Harappa Civilization is given in Bones The Harappa harappan civilisation Chapter 1, together with an Civilisation And vijaynagar kingdom analysis of its importance in the development of human Case based questions civilization and the lessons Chapter 7: An Imperial learned from archaeological Capital - Vijayanagar study. It lays the groundwork for the next chapters' in-depth examination of ancient Indian history. The emergence and significance of the Vijayanagara Empire in South India during the 14th and 16th centuries are examined 23 MAY Use of maps to facilitate an Group discussions Chapter 2: Kings, easier comprehension of the Case based questions changing dynamics of political Farmers and Towns Passage based history. Early States and questions Economies explores the formation of early states and economies in ancient Chapter 6: Bbakti-Suff India between about 600 BCE Traditions Changes in and 600 CE. Religious Beliefs and Devotional Texts (c. delves into the formation and eighth to eighteenth evolution of Bhakti and Sufi centuries) movements in India from the eighth to the eighteenth centuries. PERIODIC Ch-1 and chapter-7 TEST 1 Chapter 3: Kingship, JULY 24 Chapter 3 offers a ◆ Debate Caste and Class Early thorough review of the Pictures and Societies socio-political systems, discussions caste dynamics, economic Chapter 4: Thinkers. Case based questions Beliefs and Buildings activities, and cultural Cultural Developments accomplishments of ancient Indian communities. In the fourth chapter of the Intellectual, Ideological, and architectural marvels that defined the ancient world's cultural milieu between 600 BCE and 600 CE are covered in detail. It draws attention to how many civilizations are interrelated, as well as the depth of intellectual Investigation and human creativity at this time. Revision of Term 1 syllabus and Terminal Examination 2024-25 22 AUGUST

CLASS - XII

TERMINAL	Term 1 syllabus to be t	completed till 25 july	4 4 4 4 4 4	a Dhotos and Midno
EXAM SEPTEMBER	22	Chapter 5: Through the Eyes of Travellers Perceptions of Society (c. tenth to seventeenth centuries) Chapter 8: Peasants, Zamindars and the States Agrarian Society and the Mughai Empire (sixteenth-seventeenth centuries)	In "Peasants, Zamindars and the State: Agrarian Society and the Mughal Empire (c. sixteenth-seventeenth centuries)," Chapter 8 of the CBSE Class 12 History textbook, the dynamics of agrarian society during the Mughal Empire in the sixteenth and seventeenth centuries are explored. "Through the Eyes of Travellers: Perceptions of Society (c. tenth to seventeenth centuries)," different travellers' accounts of Indian civilization from the tenth to the 17th centuries are examined.	 ♣ Photos and Video clippings to understand the events and its impact. ♠ Field trip and research work on architectural and literary developments.
OCTOBER	20	Chapter 9: Colonialism and The Countryside Exploring Official Archives Chapter 10: Rebels and Raj 1857 Revolt and its Representations	It fosters the analytical and critical thinking abilities needed for examining and analysing historical materials. A thorough summary of the 1857 uprising is given in Chapter 10, which also looks at its causes, progression, and outcomes, as well as how it is portrayed in popular culture and historical debate.	Use of Timeline framework. Use of factsheets, debates and group-discussions on such issues of displacement, supported with maps
NOVEMBER	21	Chapter 11: Mahatma Gandhi and the National Movement Civil Disobedience and Beyond Chapter 12: Framing of the Constitution The Beginning of a New Era	A thorough analysis of the Indian Constitution's drafting process is given in Chapter 12, which also emphasises the document's historical significance and ongoing influence on the country's democratic values. The involvement of Mahatma Gandhi in the Indian National Movement is the main topic of this chapter, along with the effect that his use of civil disobedience had on the country's fight for independence.	Demonstrate an understanding of the concept of constitution and pictures related to national civil disobedience movement
PERIODIC TEST-2	Ch-5 and ch-8		moependence.	
ANNUAL EXAM	To be completed til	1 26 dec,2025	1	

CLASS - XII

SUBJECT - Psychology

Month	Days for Syllabus Completion/Revision	Content	Subject Enrichment Activities/Experiential learning	Art Integrated Activities Internal Assessment Activities
APRIL	20	Ch-7 social influence and group process	. Nature and Formation of Groups . Type of Groups , Influence of Group on Individual Behaviour • Social Loafing • Group Polarisation	Mind map and pictures related to chapter
MAY	23	Ch-6 Attitude and social	Attitude Formation and Change •	Study the attitude of
		cognition	Attitude Formation • Attitude Change • Attitude-Behaviour Relationship . Prejudice and Discrimination Strategies for Handling Prejudice	different persons
PERIODIC TEST I	Ch-7 social influence ar	ad group process		
JULY	24	Ch-3 Meeting life challenges	Effects of Stress on Psychological Functioning and Health • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle . Coping with Stress • Stress Management Techniques	By giving them problem and asking them to solve it And asking them how they manage their stress
AUGUST	22 Revision of Term 1 syllabus and Terminal Examination 2024-25			
TERMINAL EXAM	Term I syllabus to be or	ompleted till 25 july		
SEPTEMBER	22	Cb-1 Variations in Psychological Attributes	Individual Differences in Intelligence Culture and Intelligence . Emotional Intelligence . Special Abilities: Aptitude: Nature and Measurement . Creativity	Case study questions and enquire about the psychological disorder
OCTOBER	20	Ch-2 Self and personality	I Self and Personality . Concept of Self ,Cognitive and Behavioural aspects of Self Culture and Self . Concept of Personality . Major Approaches to the Study of Personality	Self and personality study of 5 different persons
NOVEMBER	21	Ch-4 Psychological Disorders Ch-5 Therapeutic Approaches	Concepts of Abnormality and Psychological Disorders • Historical Background 3. Classification of Psychological Disorders 4. Factors Underlying Abnormal Behaviour 5. Major Psychological Disorders	Study the disorders and write the therapeutic approaches related to them
PERIODIC TEST-2	Ch-2 self and personality & ch-1			
DECEMBER, JA	NUARY, FEBRUARY and	MARCH - Revision of Annu	al Exam Syllabus and Annual Exam 2	024-25
ANNUAL EXAM	To be completed till 26			